

THE RECOVERY FORGE

QUICK RULES

SAFE • SOBER • ACCOUNTABLE

1. SOBRIETY

- No drugs, alcohol, paraphernalia, or unauthorized substances
- Random drug/alcohol tests required
- Smoking only in designated outdoor areas
- **No vaping**

2. MOVEMENT & CURFEW

- Permission required for all movement outside work, meetings, and appointments
- Always **sign in and out**
- Follow your phase curfew
- **Sneaking out = automatic discharge**

3. MEETINGS & RECOVERY

- Attend all required house meetings, recovery meetings, sponsor sessions, and case management
- No cell phones during meetings or devotionals
- Participate fully and respectfully

4. CONDUCT

- No violence, threats, intimidation, bullying, lying, or hate speech
- No stealing or “borrowing” without permission
- No damaging property
- Respect staff, residents, and the home
- Conduct yourself appropriately on social media

5. HOME & CLEANLINESS

- Bedrooms must remain **clean, sanitary, and orderly**
- Clean up after yourself in all shared spaces
- Complete daily and weekly chores before passes or extra activities
- Bedrooms are for **sleeping only** — no daytime lounging or napping
- No entering another resident's bedroom
- No visitors in bedrooms **ever**

6. PASSES & PERMISSIONS

- Passes are **earned**, not automatic
- It is always a **NO until staff gives a YES**
- Follow all instructions from Thomas County CARES staff

7. CONSEQUENCES

Breaking rules may result in loss of:

- Cell phone access
- Cigarette breaks
- Passes
- Privileges
- **Or dismissal from the program**

**BROTHERHOOD • ACCOUNTABILITY •
TRANSFORMATION**

Protect the home. Protect your recovery.